For Immediate Release

Tuesday, January 9, 2001

PRIORITIZE YOUR LIFE

County offers workshop

The Monroe County Office for the Aging presents "If I Had But One Year To Live" workshop on Wednesday, January 17, 2001 at Monroe Community Hospital, 435 East Henrietta Road, from 1:00 p.m. to 4:00 p.m. Dale Goldstein, C.S.W., director of Heartwork Institute in Rochester, will help participants explore what is truly meaningful in their lives.

The suggested donation to attend is \$10.00. To pre-register call 428-4977.

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For further information, call: Communications & Special Events at 428-2380 Visit us on the web: www.co.monroe.ny.us